

Hello LSL families! Just a quick reminder that Winter Training starts today! If you have not already please go to our website, Lakestevenslitleague.org to register for training. We look forward to seeing everyone throughout the Winter. Have a wonderful day!

Winter Training Schedule: (all ages are based on the 2020 league ages)

Mondays & Wednesdays 5:30-6:30 Softball training

Mondays & Wednesdays 6:45-7:45 Baseball 13+ training

Tuesdays and Thursdays 5:30-6:30 Baseball 7-9's training

Tuesdays and Thursdays 6:45-7:45 Baseball 10-12's training

Please wear turf shoes or tennis shoes, no cleats in the batting cages.

The Zone does get cold in the Winter, please make sure your player dresses warm enough. Making sure the players arms are covered is highly recommended, cold muscles could cause injuries.

Your player will need to bring their glove, league approved bat (if they have one of their own, this is not required), and a batting helmet for trainings.